

1945

Home Economic brochure 1945

Farmington State Normal School

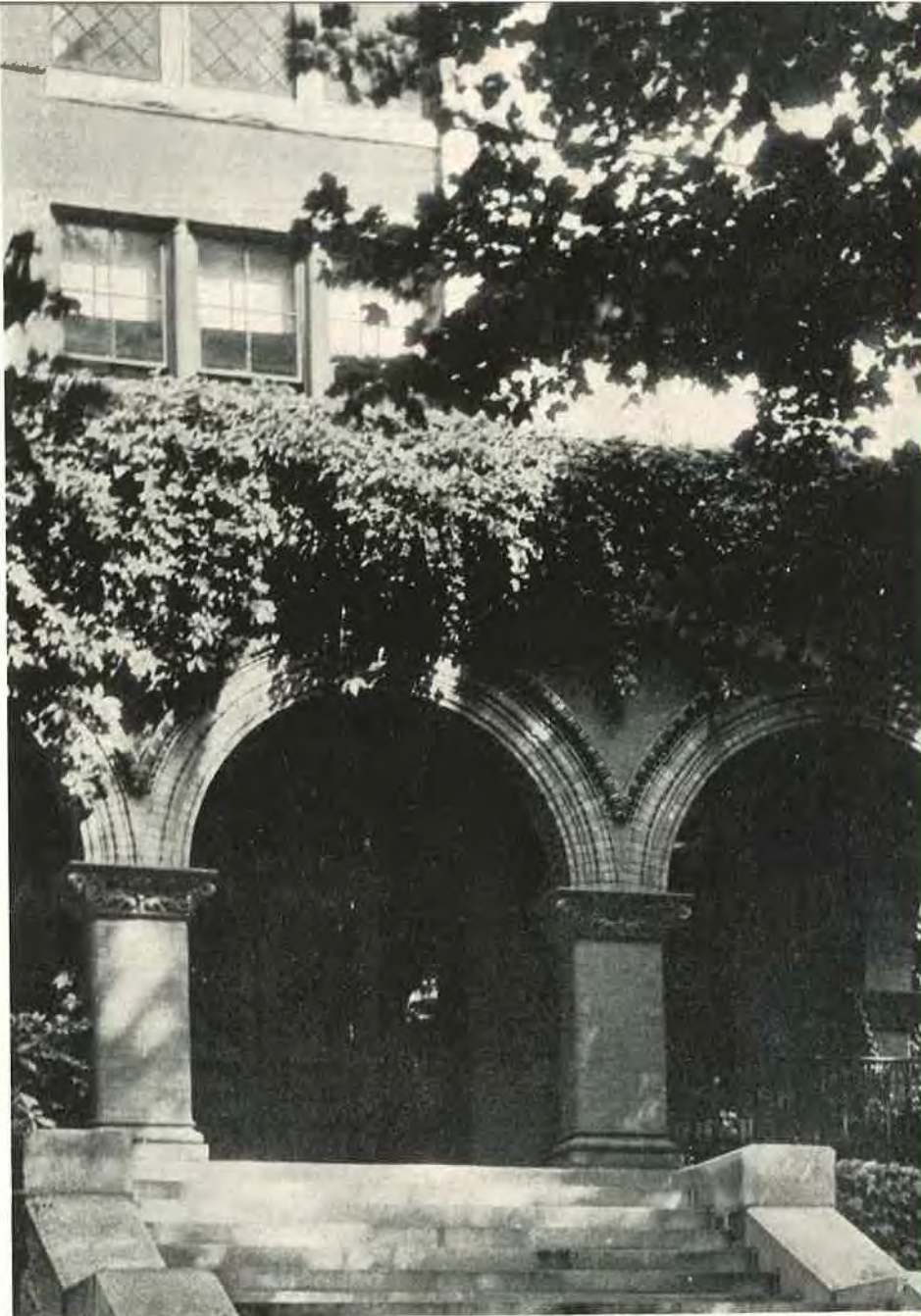
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Home Economics
Farmington State Normal School
Farmington, Maine

* Farmington State Teachers College

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EDWARD E. RODERICK	Deputy Commissioner Division of Teaching Services
FLORENCE L. JENKINS	Director of Home Economics Education Division of Vocational Education

ADMINISTRATIVE STAFF

LOREY C. DAY, B.A., M.A.	Principal
HELEN E. LOCKWOOD	Dean of Home Economics
INGEBORG C. JOHANSEN, R.N.	School Nurse
MRS. JOSEPHINE T. VOSE	Dietitian
MRS. MARCIA V. KENNISTON	Mallett Hall
MRS. CELIA L. HUNT	Purington Hall
MRS. NETTIE S. ROUNDS	Bursar
F. ELIZABETH LIBBEY, B.A., B.S.	Librarian

HOME ECONOMICS FACULTY

HELEN E. LOCKWOOD, Dean	Education, The Family
B.S., Columbia; graduate work at Cornell	
ELIZABETH F. FEENEY	Science
B.S., Marygrove; graduate work at Columbia	
MARGARET MADES	Clothing, House Planning and Furnishing, Crafts
B.A., Willamette Univ., Salem, Oregon; M.A., Columbia	
MYRTIE E. KINNEY	Foods, Consumer Education
B.S., M.A., Columbia	
ALFREDA SKILLIN	Education, Supervisor of Student Teaching
B.S. in Home Economics, F. S. N. S.; graduate work at Cornell	
HELEN E. WEHLING	Home Management, Child Development
B.S., M.S., Univ. of Nebraska	

GENERAL COURSE INSTRUCTORS

ERROL L. DEARBORN, Ed.D.	Economics
STELLA D. CLIFFORD, B.A.	English
MRS. STELLA G. DAKIN, B.S. in Ed., M.A.	Psychology, Education
RUTH GRIFFITHS, B.S. in Ed., M.A.	Guidance, Music
INGEBORG C. JOHANSEN, R.N.	School Nurse, Health
AGNES P. MANTOR, B.S. in Ed.	History
PRISCILLA B. PECKHAM, B.S. in Ed., M.A.	Art
CHARLES S. PREBLE, B.A.	Nature Study
MRS. MARY E. TILTON	Physical Education

1945 Bulletin

* Farmington Normal School became Farmington State Teachers College on July 19, 1945, by action of the State Normal Schools and Teachers College Board under authority granted them by the Legislature of 1945. This bulletin was published prior to July. On the same date Dr. Errol L. Dearborn was elected acting president of the college.

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HOME ECONOMICS AT FARMINGTON

The Home Economics department of Farmington Normal School, at first a two-year course, was established in 1911, with the first class graduating in 1914. The department established a four-year course in 1927, under Dean Helen E. Lockwood's administration, conferring the bachelor of science in Home Economics degrees for the first time in 1928. Graduates are certified to teach home economics in both elementary and secondary schools. The department is approved by the U. S. Office of Education for the training of teachers in vocational homemaking for services in federally reimbursed schools.

NATURE OF HOME ECONOMICS

Home Economics is a subject centering around the study of all problems of the modern home and family. It places emphasis upon those factors which contribute to happy family life and worthwhile community participation. At the same time it offers training in practical homemaking skills and provides information as to vocational possibilities in professional fields related to homemaking. The course includes a study of the mental and physical health of the family as influenced by food, clothing, shelter, intelligent child training, psychology, recreation, effective home management and social and economic problems.

The curriculum aims to provide a well rounded program for the future home economics teacher. This includes such technical and related subjects and such cultural and social studies as are needed by the teacher for her profession and for the highest type of citizenship. Special effort is made to provide experiences and guidance which will result in the development of each student's personality and in some appreciation of community life and of broader social problems.

Home Economics trained people, working in various types of positions, have made an outstanding contribution to the war effort and it is predicted that there will be many openings for women with such preparation in the post-war period.

The Home Economics Cottage is the home management house where each student lives for a part of her senior year. The foods and clothing laboratories are in the rear section of the building.



THE COTTAGE

In the home management house each student has an opportunity to apply what she has gathered from other courses. Each one is given experience in the various phases of work made necessary by a family of six, including a baby. Major emphasis is placed upon the need for efficient planning of work, the value of co-operation and the importance of providing wholesome social life within the home.



Charming scene of many social occasions is Mary Palmer Garden, adjoining the Cottage. The garden is supported by the department with the co-operation of the girls who spend many happy hours working there putting into practise rules of garden care and planning.

Formal dinner — a highlight of the junior year with long candle-lit table, best china, silver and linen, extra special food and party gowns.





The nursery

A most valuable part of the experience in the home management house centers around the care of the baby, under the guidance of a child care specialist. This work follows the course in child development in the junior year.



The Cottage playroom offers recreation as a part of education with inviting opportunities for group games and good times for the girls.

Child care and home management are major interests in the curriculum of the seniors. Here the residents in the Cottage enjoy the company of a young visitor as they gather around the friendly fireplace with the house adviser.



A course in child development is given during the junior year in which a play school for children between two and five years of age is a featured activity. Here, the students have an excellent opportunity to observe and participate in the care of pre-school children.



In the sophomore year class time is devoted to the more advanced study of food and methods of cookery. Each girl is responsible for the planning, preparation and serving of a meal for six people on one occasion, assists at another, and is a guest at a third. Here, two girls are ready to serve a dinner to a party of eight.



The foods laboratory is used for classes in food preparation and meal serving, demonstrations, and nutrition. Here, unit kitchens are arranged where the students practise principles of cookery and meal service on a family basis.

The well equipped clothing laboratory is an attractive place for clothing, crafts, house planning and house furnishing classes. From this room come many professional looking garments displaying a fine quality of workmanship.



The sewing laboratory machines are much in use for class assignments, personal projects and welfare work.



STUDENT TEACHING

During the senior year opportunities are provided for students to do their practice teaching in selected schools of the State under the supervision of trained critic teachers. For six weeks each senior observes, assists and teaches in one of the chosen high schools. She shares the various social experiences provided by the school and enters into many community activities. The junior education courses, with directed observation in the Farmington Training School, prepare the student teacher for the major experience of senior year field teaching.

A student teacher with groups of Fryeburg Academy girls in their modern laboratories for foods and clothing.



STUDENT INTERESTS AND ACTIVITIES

Student interests and activities constitute a very important part of the pre-service training of teachers. A really complete school life requires active participation in extra-curricular activities as well as satisfactory work in the classroom. Particularly is this necessary to the development of a well-rounded teacher. Each student is urged to plan a program which maintains a proper balance between in-class and out-class activities.

The Christian Association which carries on an extensive program of activities for religious and social welfare of the students, musical organizations, school publications including a newspaper and annual, Modern Authors Club, Plays and Players, and Future Teachers of America are organizations of general interest.

Today, many colleges are questioning the advisability of sororities in schools where training for democratic living is a major objective. The small classes of this department present unique problems as regards sorority membership and activity. Based on the findings from a ten-year period of participation, the students of the department voted in 1940 that Home Economics students shall not become sorority members.

HOME ECONOMICS CLUB

Interest and enjoyment run high when the entire Home Economics Department meet together at their social and educational club meetings. The club, guided by an executive board and a faculty adviser, holds membership in both the State and National Home Economics Associations. Welfare projects carried out by co-operation with such organizations as English Speaking Union, American Red Cross, and United China Relief receive special attention.

Executive board members assemble for club planning





Outstanding among the musical organizations for its service to the school is the Glee Club, providing a rich and wide opportunity for group singing. Other musical organizations, which include the Vesper Choir, a band and an orchestra, add generously to the beauty and enjoyment of chapel programs and concerts.

FIELD TRIPS AND CONFERENCES

Educational field trips to marketing centers, city department stores, manufacturing plants and other related industries are included in the curriculum. Whenever possible the junior class visits style centers and places of interest in Boston. The seniors as a part of their sociology course accompany the county nurse on visits throughout the community and make a sociological survey of the communities in which they do practice teaching. The department is also frequently represented in the major educational conferences of the eastern section of the country by delegates. Seniors attend the Maine Home Economics Association meetings, Maine State Teachers Convention and on occasion the Club sends delegates to the American Home Economic Association meetings.



SOCIAL EVENTS

A full calendar of social functions during the year, the objective of which is to satisfy the social needs of each and every student, includes among its organized activities formal and informal dances, dinners and teas at the dormitories and other all-school activities. The graduating classes hold a dance and a luncheon as parts of their commencement activities.

Special Home Economics functions include spring and fall picnics, the annual Club dance held in the fall, the Department banquet in the mid-year, the Christmas sing, the observance of Mary Palmer Day, Home Economics Alumnae Day and the events of commencement.



WOMEN'S ATHLETIC ASSOCIATION

All women upon entering the school become members of the Women's Athletic Association the purpose of which, as expressed in its constitution, is to provide a program of wholesome and happy recreation for everyone throughout the school year, to create in each individual a lasting interest in sport for sport's sake, to improve general health, vigor and endurance, to develop greater class consciousness and a spirit of sportsmanship. The Council organizes and manages all women's athletic activities and provides a year-round program of major and minor sports including soccer, basketball, softball, volley ball, newcomb, tennis, tenekoit, badminton, shuffleboard, hiking, winter sports, bicycling and archery.

STUDENT FACULTY CO-OPERATIVE GOVERNMENT

Farmington's plan for school government is one of student and faculty co-operation to the end that there shall be actual practice in solving common problems by the democratic process. Every student entering the school automatically becomes a member of the co-operative plan and is subject to its regulations and privileges. The officers of student government are chosen by vote of student assembly. The officers work with representatives from each division. Weekly meetings of the departments of the government provide the opportunity for voluntary participation in the various activities.

ALUMNI GYMNASIUM

The physical fitness program centers in this building with class instruction supplemented by individual diagnostic testing and remedial work. An organized program of indoor sports, dramatic productions, lectures, concerts, dances and other school entertainments is held here.





PURINGTON AND MALLET HALLS

In these dormitories home economics and general department students live and work together.

RESIDENCE HALLS FOR WOMEN

Two attractive modern dormitories, Purington and Mallett Halls, each with a capacity for 105 students, provide living arrangements for the young women of the school. Each dormitory has laundry, kitchen, dining room, living room, office and reception hall space in addition to the student rooms, hospital unit, and living quarters of the house matron. Mallett Hall includes a recreation room for student social life. A representative dormitory life committee in the school government makes policies for co-operative living in the dormitories, which are carried out by the women themselves under the direction of a house president, house committee and house court system with the resident house matron and dean of women as advisers.

Purington Hall is primarily a residence hall for freshmen women. Besides the freshmen women there are some upperclass students, who, having attended the school for at least one year, are invited to live in Purington Hall to assist in orientation, establishment and maintenance of a life together that shall make for the best interests of all. Mallett Hall is an upperclass dormitory.

HEALTH SERVICE

The school maintains an adequate health department the services of which are at all times available to all students. A full time resident nurse is in immediate charge of student health and has supervisory care of all students. The service of a physician is available on call.

Upon entrance every student is given a preliminary physical examination by the school nurse, including a hearing test with the audiometer. When found necessary still further examination is given by a physician. Corrective work done by the department of physical education and participation in the active sports program are based on the physical examination.

Ample provision is available for the necessary isolation or hospitalization of the students. A hospital unit in Purington and Mallett Halls provides opportunity for full time care when required. The Franklin Memorial Hospital, of Grade A rating, located in Farmington, affords the student care of a more highly specialized nature at a nominal fee.

HOME ECONOMICS COURSE OF STUDY
124 Credit Hours Required

	Semester Sem. I	Hour Sem. II	Credits Sem. II
Freshman Year			
Art 1, 2 (Principles of color, line, design)	2		2
Biology (general)			3
Chemistry (general)	4		3
Clothing (selection, construction, textiles, grooming)			4
English (Composition and speech)	3		2
Foods (principles of food preparation)	4		
Orientation (personal living problems)	3		1
Physical Education			
Sophomore Year			
Bacteriology and Community Hygiene			3½
Chemistry (physiological)	3		
Clothing (construction, selection, textiles)	4		
Crafts			2
Current History	1		
English (survey of English Literature, public speaking)			3
Foods (food preparation, meal planning, service, food buying)			3
Household Physics and Equipment	3		
Mental Hygiene			2
Psychology (educational)	3½		
Junior Year			
Child Development (Play School — fourth quarter)	1		3
Clothing (advanced construction, consumer education)	3		
Consumer Education			1½
Economics			2½
Education 5 (history of education, school laws, educational measurements and principles)	5		
Education 6 (Home Economics — Directed Observation)	1½		3
English (children's literature)			1
Foods (nutrition and food preservation, large quantity foods problems and functions)	4		3
Housing	1½		
The House (planning and furnishing)			3
Senior Year			
Consumer Education			1½
Current History			½
Education — Home Economics			3
Family			3
Financial Management			2
Home Hygiene and Care of Sick and First Aid			3
Home Residence and Infant Care			4
Room Improvement			1
Sociology			3
Student Teaching			6
Electives (3 credit hours required)			
Art Appreciation		2	
Band			
Current History		1	
English (Contemporary Literature)		2	
Glee Club			
History of Civilization		3	
Journalism		2	
Music Appreciation		1	
Nature Study		2	
Orchestra			
Play Production		1	

SCHOOL EXPENSES

A yearly estimate of school expenses based on student accounts:

Tuition — Maine residents	\$ 50.00
Non-residents	100.00
Dormitory charges	
Board and Room, 37 wks. at \$7.00	259.00
Ironing privilege including irons	1.00
Laboratory fee (\$7.00 at beginning of each semester)	14.00
Uniforms for foods classes (for course)	\$ 5-10.00
Clothing class materials	15-20.00
Books not furnished by the school, yearly average	12-15.00
School supplies	5-10.00
Educational trips	2-15.00
Gymnasium outfit (for course)	5- 7.00
Student Activities fee	10.00
Class and club dues	3- 6.00
Graduation fee, seniors	3.00
Registration fee	3.00
Health fee	5.00

A registration fee of \$10.00 is required of every applicant accepted. This fee will be credited to the student as payment toward the charges for the first semester. No refund of this fee will be made in case of cancellation of reservation after August first.

Charges are due and payable in advance, according to a semester and quarterly schedule.

STUDENT SELF HELP

Students who find it necessary to have financial assistance may apply for part time work. Requests for opportunity to work should be made in the letter of application. No student should consider working unless it is necessary, as health and school work are apt to suffer. Work is not given to a student unless she is in good health and is capable of maintaining a satisfactory school rank. Freshmen should not plan to work their first semester; juniors, second semester; and seniors are unable to work for remuneration during the quarters of their senior year while living in the practice house or doing student teaching.

A limited number of students may obtain deferred tuition for a part of the course. A few student loans are available each year, especially to upperclassmen.



Girls lend a hand in community service by picking apples, husking corn, working at the Red Cross rooms and carrying out other volunteer activities as local needs arise.

ADMISSIONS

Enrollment in the entering class of the Home Economics course is limited and selection will be based on:

1. High school record as showing probable ability to master the academic subjects.
2. Standing in upper half of graduating class or satisfactory rating in prescribed entrance examinations.
3. Such elements of personality and health as give promise of success as a teacher of homemaking.
4. Evidence of special aptitude and taste for this type of work.
5. Interest in teaching and intent to complete the course.

Students desiring to be considered as applicants for the department should:

1. Write a letter of application according to directions in the bulletin. Send it to the Dean with the student's application blank from the last page of this bulletin.
2. Come to Farmington or some other appointed place for an interview at a time to be arranged.
3. Submit a physician's certificate of good health on a form to be sent from the Normal School after a candidate has been accepted.

The home economics library is combined with the main library in the Normal School. Many busy hours are spent in these rooms by students of both departments.



APPLICATION FOR ADMISSION

Applicant is requested to fill in the Student's Application Blank and to return it with a personal letter of application to

Miss Helen E. Lockwood, Dean of the Home Economics Department, Farmington, Maine.

The letter should include the following information:

1. High school courses most enjoyed.
2. High school activities in which applicant has participated.
3. School offices or honors held.
4. Church affiliation and activities in which student has participated.
5. Clubs, hobbies and other interests.
6. Practical experience in the home and elsewhere.
7. Reasons for choosing Home Economics Normal School course.
8. A statement of the amount of work needed if applicant must have an opportunity for self help in order to attend school.

(Cut here and return student application with letter of application.)

STUDENT'S APPLICATION BLANK

Name of Applicant

Address

Age Date of birth

High School

Name

Location

Date of Graduation

Course taken

Name of Principal