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Home Economics Farmington State Teachers College Farmington, Maine

Farmington State teachers College

University of Maine at Farmington

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Home Economics



The Home Economics Cottage and Laboratories

at

*Farmington State Teachers College
Farmington, Maine*

FARMINGTON IN THE HILLS

Farmington State Teachers College is located in the shire town of Franklin County in Central Maine, 80 miles from Portland and an equal distance from Bangor. In the beautiful valley of the Sandy River among the foothills of the Appalachian Mountains, Farmington is a friendly New England town with traditions of culture and education.

Established in 1864, Farmington State Teachers College has kept step with educational developments until today it offers two four-year curricula leading to professional degrees and preparing students to use modern and accepted teaching methods.

Home economics majors are prepared to teach their specialized field in both elementary and secondary schools. The department is approved by the U. S. Office of Education for the education of teachers in vocational homemaking for services in federally reimbursed schools.

Women live in two attractive dormitories, each having its own dining room. Sympathetic dormitory matrons supervise the home life of the girls and a registered nurse is responsible for their physical well being. An infirmary is maintained and service of a physician is available.

SOCIAL DEVELOPMENT

Activities outside class hours add to the student's well rounded development. Clubs devoted to music, the drama and arts are active and popular, and the students edit a newspaper and college annual. Through the Christian Association or the Newman Club, the young men and women assume responsibility for Christian Service both on and off the campus. Formal and informal dances, teas and student-faculty dinners are annual affairs, which in addition to giving pleasure, help in the social adjustment of the student. Of particular interest to Home Economics students is the Home Economics Club which holds membership in both the State and National Home Economics Associations. The club is guided by an executive board, chosen by the members annually, and a faculty adviser. The club strives to broaden the interests of its members through its many worthwhile enterprises. Of special interest are projects carried out in co-operation with community, state, national, and international organizations.

EDUCATION FOR LIVING

Realizing that a successful teacher must have a broad general education, Farmington State Teachers College seeks to educate its graduates for intelligent living. A library unit with carefully selected materials offers the student opportunities for individual research and a recent generous bequest assures continued additions to its resources.

Growth and development of youth toward poised and wise maturity is a major aim of the college and the student is urged to fit herself to assume her responsibilities in community leadership. School government, a co-operative plan including students and faculty, is devised to develop self-reliance and confidence in the youth and give her practice in solving her problems by the democratic process.

NATURE OF HOME ECONOMICS

Home Economics is a subject centering around the study of all problems of the modern home and family. It places emphasis upon those factors which contribute to happy family life and worthwhile community participation. At the same time it offers training in practical homemaking skills and provides information as to vocational possibilities in professional fields related to homemaking. Its program of work includes a study of the mental and physical health of the family as influenced by food, clothing, shelter, intelligent child training, psychology, recreation, effective home management and social and economic problems.

The curriculum aims to provide a well rounded program for the future home economics teacher. This includes such technical and related subjects and such cultural and social studies as are needed by the teacher for her profession and for the highest type of citizenship. Special effort is made to provide experiences and guidance which will result in the development of each student's personality and in some appreciation of community life and of social problems. One hundred twenty-four credits are required for graduation, some of which may be elected by the choice of the student.

THE COTTAGE

In the Home Economics Cottage each student has an opportunity to apply what she has learned from other courses. Each one is given experience in the various phases of work made necessary by a family of six, including a baby. Major emphasis is placed upon the need for efficient planning of work, the value of cooperation and the importance of providing wholesome social life within the home.

FIELD TRIPS AND CONFERENCES

Educational field trips to marketing centers, city department stores, manufacturing plants and other related industries are included in the curriculum. Whenever possible the junior class visits style centers and places of interest. The seniors accompany the county nurse on visits throughout the community and make a survey of the communities in which they do practice teaching. The department is also frequently represented in the major educational conferences of the eastern section of the country by delegates. Seniors attend the Maine Home Economics Association meetings, Maine State Teachers Convention and on occasion the Club sends delegates to the American Home Economics Association meetings.

STUDENT TEACHING

During the senior year opportunities are provided for students to do their student teaching in selected schools of the state under the supervision of trained supervisory teachers. For six weeks each senior observes, assists and teaches in one of the chosen high schools. She shares in the various social experiences provided by the school and enters into many community activities. The junior education courses, with directed observation in the Farmington public schools, prepare the student teacher for the major experience of senior year field teaching.

STUDENT SELF HELP

Students who find it necessary to have financial assistance may apply for part time work. *Requests for opportunity to work should be made in the letter of application.* No student should consider working unless it is necessary as health and school work are likely to suffer. Work is not given to a student unless she is in good health and is capable of maintaining a satisfactory school rank. It is highly recommended that freshmen not work during the first semester. During the quarter juniors (or seniors) are living in the Home Economics Cottage and the quarter in which seniors are doing student teaching, the students are unable to work for remuneration.

A limited number of students may obtain deferred tuition for a part of the course. A few student loans and state scholarships are available each year, especially to upperclassmen.

GUIDANCE AND PLACEMENT

Student guidance is stressed with emphasis on orientation of the freshmen. Through the four years the student will have the benefit of counselling service on matters of study, finance and social adjustment.

At the completion of the course, or after they are already in the field, graduates will find the College Placement Bureau and the placement service offered by the State Department of Education ready to assist them to find satisfactory teaching positions.

COLLEGE EXPENSES (These do not include personal expenses)

A yearly estimate of major college expenses based on student accounts:

Tuition—Maine residents	\$100.00
Non-residents	200.00
Dormitory charges	
Board and room per quarter	92.50
Ironing privilege including irons	1.00
Laboratory fee (\$15.00 at beginning of each semester)	26.00
Uniforms for foods classes	\$ 5.00 - 10.00
Clothing class materials, yearly average	20.00 - 30.00
Books not furnished by the school, yearly average	30.00 - 35.00
School supplies	5.00 - 10.00
Educational trips	2.00 - 15.00
Gymnasium outfit, approximately	8.00
Student Activities fee \$8.50 per semester	17.00
Class and club dues	3.00 - 6.00
Graduation fee, seniors	5.00
Registration fee	3.00
Health fee (includes insurance for illness)	16.00

A registration fee of \$16.00 is required of every applicant accepted. This fee will be credited to the student as payment toward the charges for the first semester. No refund of this fee will be made in case of cancellation of reservation after August first. Charges are due and payable in advance, according to a semester and quarterly schedule.

TEACHING, A PROFESSION

Today, teaching is looked upon as a professional task, as highly specialized as the professions of the law, medicine or business administration.

Farmington exists for the purpose of educating future teachers. It seeks as students those young men and women who seriously desire to enter the teaching field. Prospective students are urged to consider carefully their qualifications for the profession. Advice of high school principals and guidance counselors should be sought before final decisions are reached.

ADMISSIONS

Enrollment in the entering class of the Home Economics Course is limited and selection will be based on:

1. High school record as showing probable ability to maintain college standards in all areas.
2. Standing in upper half of graduating class or satisfactory rating in prescribed entrance examinations.
3. Such elements of personality and health as give promise of success as a teacher of homemaking.
4. Evidence of special aptitude and interest in this type of work.
5. Interest in teaching and intent to complete the course.

Students desiring to be considered as applicants for the department should:

1. Write a letter of application including particular interests and reasons for choosing home economics; experiences in high school activities, clubs, hobbies or other interests, church affiliation and activities and practical experiences in the home. This should be sent to Miss Mabel A. Hastie, Director of Home Economics, with the student's application blank from the last page of this pamphlet.

2. If possible come to Farmington or some other appointed place for an interview at a time to be arranged.

FARMINGTON STATE TEACHERS COLLEGE STAFF

Farmington, Maine

Errol L. Dearborn, President, Ed.D., New York University	
Harvey R. Kelley, Dean of Instruction, Dean of Men, Graduate Boston University	Education, Guidance
Ruth E. Williams, Dean of Women, M.A., Breadloaf School of English, Middlebury College	English
Mabel A. Hastie, Director of Home Economics, M.S. in Ed., Cornell University	Education
Julia B. Cox, Director of Student Teaching in Elementary Education, M.Ed., Boston University	Education
Clayton E. Reed, Assistant Director of Student Teaching in Elementary Education, M.A., Columbia University	Education
Nettie S. Rounds	Bursar
Marie M. Pecorelli	Registrar
Evelyn Benjamin, M.S., Pennsylvania State College	Home Management
Robert S. Bigelow, M.Ed., Springfield College	Physical Science
Ruby A. Blaine, Ed.M. in Music, Columbia University	Music
Albert J. Doran, M.Ed., Boston University	History, Physical Education (Men)
Julia Eaton, Ph.D., Cornell University	English, Dramatics
Elsie C. Grote, M.A., Columbia University	Art, Crafts
Gladys Hutchinson, R.N., C.M.G. Hospital	College Nurse, Home Care of Sick
Julia Ksionzyk, M.A., New York University	Family, Clothing
Rose M. Lambertson, M.A., Columbia University	Physical Education (Women), Health Education
Agnes P. Mantor, B.S. in Ed., Boston University	Librarian, Maine History
John E. Mudge, M.S., Cornell University	Biological Science
Gwilym R. Roberts, M.A., University of Maine	Social Science
Muriel C. Shaw, B.S. in Library Science, Simmons College	Assistant Librarian
Myron E. Starbird, M.A., University of Maine	Geography, Sociology
Lawrence L. Stofan, M.Ed., University of N. H.	Audio-Visual Education, Psychology, Ass't Coach
Gladys Taylor, B.S. in Ed., Framingham State Teachers College, Graduate work Cornell University	Foods, Nutrition
Eleanor A. Wood, M.A., University of Maine	English and Publications

STATE OFFICIALS

Louise Fettingter	Director of Home Economics Education
	Division of Vocational Education
Florence Titcomb	State Itinerant Teacher Trainer
	Division of Home Economics
To be appointed	State Itinerant Teacher Trainer
	Division of Home Economics

STUDENT'S APPLICATION BLANK

Name of Applicant

Address

Age Date of Birth

High School

Name

Location

Date of Graduation

Course taken

Name of Principal

HOME ECONOMICS CURRICULUM

124 Credit Hours Required

Semester Hour Credits
Sem. 1 Sem. 2

Freshman Year

Art (In relation to home economics)	2	
Biological Science	3	
Chemistry 1		4
Clothing 1 (Selection, construction, wardrobe planning)		4
English (Fundamentals, Reading Techniques or Types of Literature)	2	5
Foods 1 (Principles of food preparation)	4	
Health Education	1	
Introduction to Child Development	2	
Introduction to Home Economics Education	2	2
Orientation		
Physical Education		

Sophomore Year

Chemistry 2	4	
Clothing 2 (Construction, selection)	3	
Crafts		2
Current History	1	
English (Survey of American Literature, public speaking)	3	
Foods 2 (Preparation, meal planning, service, food buying)		4
Household Physics and Equipment		3
Psychology (Educational and adolescent)	3	
Sociology		3
Textiles	2	
Elective		3

Junior Year

Child Development & Nursery School		3
Clothing 3 (Advanced construction, consumer education)	3	
Economics — Principles of	3	
Education 5 (Home Economics education — special methods including directed observation)		3
Foods 3 (Special occasion functions, food demonstrations, large quantity cookery)		3
General Education (History of education, school laws, educational principles)	3	
Home Planning and furnishing		2
Housing	2	
Nutrition	4	
Elective		2 or 3

Senior Year

Consumer Education	2	Home Management	2
Family	3	Home Residence & Infant Care	4
Family Health (Home Hygiene & Care of Sick & First Aid)	3	Advanced Home Economics Education	3
Guidance	3	Student Teaching	6
Home Economics Education Seminar	3	Workshop in Home Furnishings	3

Electives

American History	3	Journalism	2
Art Appreciation	2	Music Appreciation	1
Audio-Visual Aids	2	Modern Music	2
Band — Glee Club — Orchestra (each semester)	¼	Play Production	1
Current History	1	Recent History	1
English (Contemporary Literature)	3	Speech	2



The Freshman girls work in the laboratory kitchens and dining room preparing and serving meals on the family basis. Sophomore and Junior girls have many opportunities for more advanced food preparation and serving of various types of meals. These girls are wearing dresses which they made in their clothing classes.



The Junior students observe and participate in a play school for children three-four years of age which is conducted during each semester in connection with the child development course.



The Home Economics Cottage (cover) is the home where each student lives and participates in the work and play of a family group for nine weeks during Junior or Senior year. These Seniors enjoy the experiences with their Faculty Adviser and Cottage baby.



Women live in two attractive residences. Purington Hall is the dormitory residence for all Freshman women; Sophomores, Juniors and Seniors live in Mallett Hall or Dearborn Hall.



Administration Offices and Classrooms are located in the Main Building.



The Alumni gymnasium, built in 1931, offers modern facilities for the physical education program and competitive sports.