

### **Scholar Works**

Home Economics **University Archives** 

1961

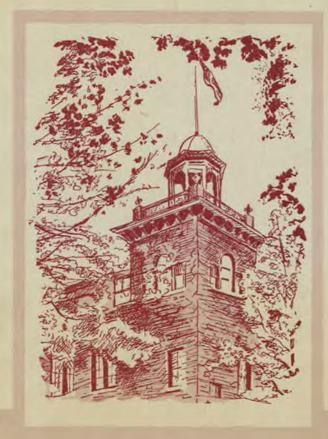
# Farmington State Teachers College Home Economics

Farmington State Teachers College

University of Maine at Farmington

Follow this and additional works at: https://scholarworks.umf.maine.edu/home\_economics





Farmington State

Jeachers College

HOME ECONOMICS



# Farmington State Teachers College INFORMATION FOR PROSPECTIVE HOME ECONOMICS STUDENTS Farmington In The Hills

Farmington State Teachers College is located in the shire town of Franklin County in Central Maine, 80 miles from Portland and an equal distance from Bangor. In the beautiful valley of the Sandy River among the foothills of the Appalachian Mountains, Farmington is a friendly New England town with traditions of culture and education.

Established in 1864, Farmington State Teachers College has kept step with educational developments until today it offers two four-year curricula leading to professional degrees and preparing students to use modern and accepted teaching methods.

Home Economics majors are prepared to teach their specialized field in both elementary and secondary schools. The department is approved by the U. S. Office of Education for the education of teachers in vocational homemaking for services in federally reimbursed schools. Graduates are awarded the B. S. degree in Home Economics Education and are certified by the State Department of Education to teach Home Economics in the secondary schools of Maine. Farmington State Teachers College is accredited in the New England Association of Colleges and Universities.

#### SOCIAL DEVELOPMENT

Activities outside class hours add to the student's well rounded development. Clubs devoted to music, the drama and arts are active and popular, and the students edit a newspaper and the Effesteco, Yearbook. Through the Christian Association, the Newman Club, or the Canterbury Club the young men

and women assume responsibility for Christian Service both on and off the campus. Formal and informal dances, teas and student-faculty dinners are annual affairs, which in addition to giving pleasure, help in the social adjustments of the student. Of particular interest to Home Economics students is the Home Economics Club which holds membership in both the State and National Home Economics Associations. The club is guided by an executive board, chosen by the members annually, and a faculty advisor. The club strives to broaden the interests of its members through its many worthwhile enterprises. Of special interest are projects carried out in cooperation with community, state, national, and international organizations.

#### LIVING ACCOMMODATIONS

Women students make their college home in one of the three comfortable dormitories, two of which are provided with dining rooms. Spacious living rooms encourage social hours. A cordial house mother makes them feel at home and helps them in any way in which help is needed. Student advisors are at hand to assist. An infirmary is main-

tained and a resident nurse provided to help with any health problems. Pleasant dormitory life is one of the most educative and stimulating experiences which a student can have.

#### EDUCATION FOR LIVING

Realizing that a successful teacher must have a broad education, Farmington State Teachers College seeks to educate its graduates for intelligent living. The home economics curriculum provides approximately one half of its courses in the area of general or liberal arts education, (common to all students in the college) a major in the broad fields of home economics and professional education designed to develop the ability to teach effectively. A beautiful new library building with carefully selected materials offers the student opportunities for individual research and a recent generous bequest assures continued additions to its resources. A home economics education curriculum library is also available in the department.

Growth and development of the individual for satisfying personal living and as an active participant in the social welfare of the world community is a major aim of college. The student is urged to fit herself to assume her responsibilities in college community leadership. The Co-ordinating Council, a campus government organization including students and faculty, is devised to develop self-reliance and confidence in the youth and provide experiences in solving problems by the democratic process.

#### NATURE OF HOME ECONOMICS

Home economics is an area centering around the study of all problems of the modern home and family. It places emphasis upon those factors which contribute to happy family life and worthwhile community participation. At the same time it offers education in practical homemaking skills and provides information as to vocational possibilities in professional fields related to homemaking. Its program of work includes a study of the mental and physical health of the family as influenced by food, clothing, shelter, intelligent child training, the influences of family living, effective home management, psychology, recreation and social and economic problems.

The curriculum aims to provide a well rounded program for the future home economics teacher. This includes such technical and related subjects and such cultural and social studies as are needed by the teacher for her profession and for the highest type of citizenship. Special effort is made to provide experiences and guidance which will result in the development of each student's personality and in some appreciation of community life and of social problems. One hundred twenty-six credits are required for graduation, some of which may be elected by the choice of the student.

#### THE COTTAGE

In the Home Economics Cottage, each student has an opportunity to apply what she has learned from other courses. Each one is given experience in the various phases of home living made necessary by a family of six, usually including a baby. Major emphasis is placed upon the need for efficient group planning, management of work, the value of cooperation and the importance of providing wholesome social life within the home.

#### NURSERY SCHOOL

A Nursery School is maintained which serves as a laboratory for junior students to observe and par-

ticipate in studying the development and guidance of the young child.

#### FIELD TRIPS AND CONFERENCES

Educational field trips to markets, shopping centers, housing developments, homes, health and welfare centers and other community resources, which provide opportunity for first hand observation and study of various phases of situations confronting the homemaker as a consumer, are included as a part of the curriculum. The department is also frequently represented in the major educational conferences of the eastern section of the country by elected delegates. College Club members participate in state and regional conferences, and on occasion the Club sends delegates to the American Home Economics Association meetings and the Maine State Teachers Convention. Students are frequently elected as delegates to Eastern State Teachers Conferences.

#### STUDENT TEACHING

During the senior year opportunities are provided for students to do their student teaching in selected schools of the state under the supervision of trained supervisory teachers. For six weeks each senior observes, assists and teaches in one of the chosen high schools. She shares in the various social experiences provided by the school and enters into many community activities. The junior education courses, with directed observation in the Farmington public schools, prepare the student teacher for the major experience of senior field teaching.

#### GUIDANCE AND PLACEMENT

Student guidance is stressed with emphasis on orientation of the freshmen. Through the four years the student will have the benefit of counselling service on matters of study, finance and social adjustment.

At the completion of the course, or after they are already in the field, graduates will find the College Placement Bureau and the placement service offered by the State Department of Education ready to assist them to find satisfactory teaching positions.

#### TEACHING, A PROFESSION

Today, teaching is looked upon as a professional task, as highly specialized as the professions of the law, medicine or business administration.

Farmington exists for the purpose of educating future teachers. It seeks as students those young men and women who seriously desire to enter the teaching field. Prospective students are urged to consider carefully their qualifications for the profession. Advice of high school principals and guidance counselors should be sought before final decisions are reached.

#### FINANCIAL PAYMENTS

All college charges for tuition, board and room, and stated fees are due and payable in advance as announced and at the semester registration periods in September and January. In case of withdrawals during the college year, refunds are made in terms of stated policies.

#### FINANCIAL AID

The college has available certain student work assignments, State Board of Education Scholarships, The National Defense Education Act Loan Fund, certain campus loan services and a deferred tuition plan. In addition, high school advisors can give information on private scholarships, the National Merit Scholarship Plan, and provisions of certain local associations, organizations and individuals. Specific application for the college services must be made to the Admissions Officer.

#### ADMISSION REQUIREMENTS

For entrance in full standing, the College requires an applicant to stand scholastically in the upper half of his class in high school and have the recommendation of his principal. This recommendation covers not only the capacity to do academic work at the college level, but also the character, aptitude and physical health and strength demanded in teaching. One whose standing places him in the third quarter of his class may be accepted conditionally if he is highly recommended and passes successfully certain entrance examinations.

Enrollment in the entering class of the Home Economics Curriculum is limited and selection will be based on:

 High school record as showing probable ability to maintain college standards in all areas.

- Standing in upper half of graduating class or satisfactory rating in prescribed entrance examinations.
- Such elements of personality and health as give promise of success as a teacher of homemaking.
- Evidence of special aptitude and interest in this type of work.
- Interest in teaching and intent to complete course.
- 6. A broad high school program including English, social studies, sciences (preferably biology and especially chemistry) and a year of mathematics is desirable. Home Economics is not required, but it is suggested that at least one year be included for an understanding of the purposes of home economics in the secondary school.
- 7. Unit requirements: English 4 units, Social Studies 1 unit, Science and/or Math 3 units, 7 8 elective.

#### TO APPLY:

- Write for application blanks to Miss Mabel A. Hastie, Director, Home Economics Department, Farmington State Teachers College.
- Enclose a personal letter of application including particular interests and reasons for choosing home economics; experiences in high school activities and practical experiences in the home.
- Return applications with \$5.00 non-reimbursable fee.
- 4. When the above is received, the scholastic record blank will be sent to your principal.
- 5. You will be notified of tentative acceptance. At that time, \$55.00 is due (\$25.00 registration and \$30.00 room deposit). This amount will be deducted from the first payment in the fall. In case of withdrawal for any reason before August 1st, the \$55.00 will be refunded.

## Curriculum In Home Economics

First Sem. Yr.	Sem. Cr.	Second Sem. Yr.	Sem.	Cr.
English	3	English	3	
Biology	3	Gen. Anthropology	3	
Art Essentials	2	Intro. Physics	3	
Health	2	Music Apprec. or Art Apprec.	2	
Physical Activity	1/2	Physical Activity	1/2	
Intro. to Home Economics	1	Intro. Teaching Home Economics	2	
Intro. to Child Dev.	2	Foods or Clothing	3	
Foods or Clothing	3	Approximate Services		
Orientation				
Third Sem. Yr.		Fourth Sem. Yr.		
English Literature	3	American Literature	3	
Speech	1	Chemistry	3	
U. S. History	3	Psychology	3	
Sociology	3	Physical Activity	1/2	
Chemistry (inorganic)	3	Foods or Clothing	3	
Physical Activity	1/2	Textiles	3	
Foods or Clothing	3			

Fifth Sem. Yr.	Sem. Cr.	Sixth Sem. Yr.	Sem. Cr.
Microbiology	3	Economics or F. Math.	3
Audio-Visual-Aids	1	Evaluation & Guidance	3
Ch. Guid., Nursery School	3	Home Ec. Education	3
Housing (1 quarter)	2	Home Furnishings	2
Nutrition	3	Ad. Foods or Ad. Clothing	3
Ad. Foods or Ad. Clothing	3	Elective	3
Seventh Sem. Yr.		Eighth Sem. Yr.	
Hist, & Phil. of Ed.	3	Family - First Aid	1
Home Ec. Ed. Seminar	2	Health — Home Care of Sick	1
Home Res., Infant Care	4	Consumer Prob. in Equipment	2
Family Relationships	3	Workshop, Home Furnishings	2
Home Management	2	Ad. Home Ec. Ed.	3
Elective	2	Student Teaching	6

Required for graduation — 126 credits, 1.75 Point Average, 220 Quality Points Min.

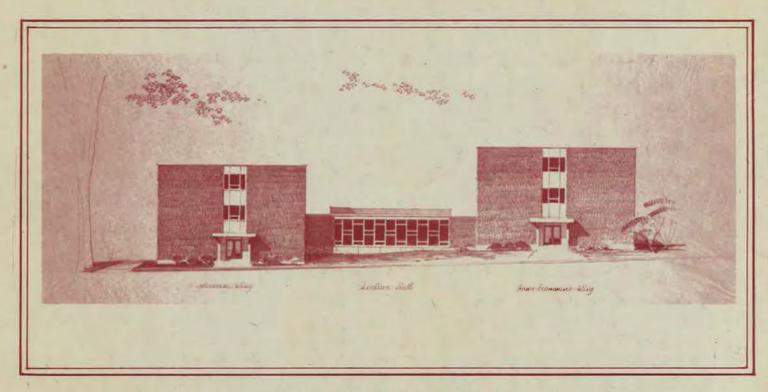
Currently, estimated college expenses, in addition to those of a personal nature, are as follows:

	Maine Residents	Out-of-State Residents
Tuition	\$100.	\$200.
College Fees	37.	37.
Board and Room	444.	444.
Books and Supplies	60.	60.
Laboratory Fees	10 13.	10 13.
Health Insurance	14.	14.

Health insurance is mandatory for all students unless specific evidence is presented to show that the student already has the equivalent of such protection by private policies.

Further inquiries may be addressed to:

Miss Mabel A. Hastie
Director of Home Economics
Farmington State Teachers College
Farmington, Maine



NEW BUILDING UNDER CONSTRUCTION