

1980

Programs in Home Economics Education

University of Maine at Farmington

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Programs In Home Economics Education

**UNIVERSITY OF MAINE
at Farmington**

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CAREERS IN HOME ECONOMICS EDUCATION

CLOTHING and TEXTILES

FOODS and NUTRITION

HOUSING

FAMILY and CHILD

TWO YEAR PROGRAMS

PROFESSIONAL EDUCATION

CAREERS IN HOME ECONOMICS EDUCATION

The program in Home Economics Education permits the students to adapt their programs to their career goals. During the Sophomore year, the students will meet their advisors and select programs which match their professional goals. As an aid in designing degree programs, four career options within Home Economics have been defined:

1. Home Economics Educators in Consumer and Homemaking Programs in the Public Schools
2. Home Economics Educators in Consumer and Homemaking and Early Childhood Programs in the Public Schools
3. Home Economics Educators in Wage Earning Programs in the Public Schools
4. Home Economics Educators in Public Service

The home economics content is organized into the following four areas of concentration:

- I. Clothing and Textiles
- II. Foods and Nutrition
- III. Housing
- IV. Family and Child

Home Economics majors are required to take a minimum of eight credits within each content area.

Modules are organized around specific competencies and students choose modules in one area of concentration during each of four consecutive semesters of the four year program. The modular approach requires students to demonstrate stated competencies before moving to the advanced level modules.

Non-home economics majors who have special interests and meet entry requirements may elect any module within the areas of concentration.

CAREERS IN HOME ECONOMICS EDUCATION



Clothing & Textiles

CLOTHING AND TEXTILES CONCENTRATION

The modules within the Clothing and Textiles Concentration examine the factors affecting clothing consumption and contributing to the explanations of clothing behavior.

The modules broaden the base of understanding of textiles and clothing construction for future home economists who anticipate not only their own personal clothing needs, but also work in a professional field where they will assist others with clothing problems.

The following modules, taken simultaneously, provide the students with a basis of interaction between textiles, clothing construction, and a potpourri of concepts related to dress and adornment:

HE130-1 Textiles

HE130-2 Essentials of Clothing Construction

HE130-3 Accent on Clothing

The following advanced courses are offered:

HE223 Contemporary Clothing

HE224 Historic Costume

FOODS AND NUTRITION CONCENTRATION

The modules within the Foods and Nutrition Concentration emphasize nutrition concepts for health and physical fitness for individuals and groups. Current issues in nutrition with political, economic and social ramifications are discussed.

Basic food preparation, meal management and food chemistry are included as foundations of knowledge in the sequence. Students become acquainted with historical and cultural aspects of culinary art and its practical application in the home and classroom.

All four modules within the Concentration are required for home economics majors:

- HE140-1 Basic Nutrition
- HE140-2 Food Preparation and Meal Management
- HE140-3 Nutrition, Health and Change
- HE140-4 Culinary Art in the Home

The following advanced level courses are offered:

- HE232 Human Nutrition
- HE233 Food Technology
- HE234 Diet Therapy

Foods & Nutrition



FOODS and NUTRITION

HOUSING

Housing



HOUSING CONCENTRATION

The basic housing modules focus on the social and personal; economic and legal; aesthetic and environmental; and physical characteristics of housing in the following sequence:

- HE150-1 The Housing Market
- HE150-2 Consumer Housing
- HE150-3 Environmental Design
- HE150-4 Structure, Materials, Systems

The modules involve application of the physical sciences, and family studies to the housing needs of the individual, the family and society.

Particular attention is paid to the development of an informed housing consumer.

Students interested in investigating a career aspect of housing may participate in a housing practicum involving work with elderly and low income tenants of a local housing project.

A home furnishings workshop is directed toward students interested in refinishing or creating furnishings and accessories for the home.



Family & Child

FAMILY AND CHILD CONCENTRATION

The modules within the Family and Child Concentration are designed to provide a broad knowledge base which will meet the personal needs of the individuals and will further develop skills and attitudes which will support them in their roles as professional home economists.

Emphasis is placed on the interrelationships between individuals, families and communities. The following modular sequence represents an integrated, developmental approach to family studies:

- HEI60-1 Seminar in Family and Child
- HEI60-2 Personal Life Styles
- HEI60-3 Family Functions
- HEI60-4 Prenatal and Infant Care
- HEI60-5 Child Rearing Practices
- HEI60-6 Alternative Models for the Aging Population

Students who choose to enter the Early Childhood Program will have additional clinical and field experiences in a setting which involves nursery and kindergarten age children and their parents.



Family & Child

FAMILY and CHILD

Early Childhood



TWO YEAR EARLY CHILDHOOD PROGRAM

The two year program in Early Childhood Education is designed to prepare students to work as aides or assistants in day care centers, public schools, private nursery schools and head start programs, or to provide licensed care for children in private homes.

The program includes both on-campus course work and field experience in several learning situations.

The course of study is planned so that, upon successful completion of the two year program, the students may continue in a four year program if they wish.



2 yr. Dietetic

TWO YEAR DIETETIC TECHNICIAN PROGRAM

The two year program of Dietetic Technician education is designed to prepare students for careers in nutrition care. Graduates receive an Associate of Science Degree. They would work under the supervision of a registered dietitian in hospitals, nursing homes, school lunch programs or other health care delivery systems.

The program includes both on-campus course work and field experiences in hospitals, nursing homes or other health care facilities.

The course of study is planned so that students may continue in a four year program in home economics if they wish.

TWO YEAR PROGRAMS

Professional Ed



PROFESSIONAL EDUCATION

The undergraduate teacher certification program in home economics education is designed to meet accreditation requirements for the home economics profession and the teaching profession.

Freshmen education courses focus on exploration of career choices and on the processes involved in valuing, goal setting and decision making.

During the Sophomore year, the student may elect an exploratory experience in the public schools.

The education courses during the Junior year focus on professional competencies and include micro-teaching experiences, individualized learning programs and a supervised practicum in the local elementary schools.

As Seniors, the students are assigned to approved student teaching centers for the student teaching experience in consumer and homemaking programs and/or vocational wage earning home economics programs.

Students who choose to enter the public service field will be placed in a cooperating agency or business as a field experience in lieu of student teaching.

Professional Ed.



GENERAL INFORMATION

The home economics program was developed and implemented in 1911 under the guidance of Marion C. Ricker. The first class was graduated in 1913. It was a three year program until 1924, when it became the first four year program at the college offering a Bachelor of Science. The enrollment has grown from a limited number of students to a total of approximately 200.

The University of Maine at Farmington, the oldest public institution of higher education in Maine, has maintained an illustrious record in teacher education. Today the college is undergoing considerable program change and growth. Enrollment for daytime students has increased 100% in five years. The potential of the college is still unknown.

Farmington's leadership role in teacher education is expected to continue into the next decades, especially in offering high quality undergraduate programs in home economics, special education, and classroom teacher preparation, from Nursery-Kindergarten through Senior High School. New experimental programs have developed in instructional technology, environmental education, allied health professions, and the Liberal Arts.

For further details, to file an application, or to submit credentials, send to:

Dr. Carlene R. Hillman, Coordinator
Home Economics Program
10 Ricker Hall
University of Maine at Farmington
Farmington, Maine 04938